



Questions about living well in East Sussex

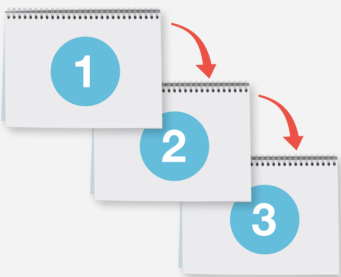


We are going to write a new strategy for East Sussex adult social care.

A strategy is a plan for the future.



The new strategy will explain what things we will be focussing on in adult social care.



The strategy will help our clients, their families, our carers and our staff know what to expect from adult social care.



Before we write the strategy, we need to find out what local people would like us to focus on.



We have written this survey with some questions to help us find out

- how we can support everybody to live well in East Sussex
- what matters most to people in East Sussex.



Your answers to these questions will be very helpful for us.

It does not matter if you have lots or no experience of adult social care.



We want lots of different people to answer the questions because this will help us to make the best plans for adult social care in East Sussex.



We will look at the answers that everybody gives us.

We will use the answers to help us write the strategy.



Your answers will not affect any care or support that you get from adult social care.



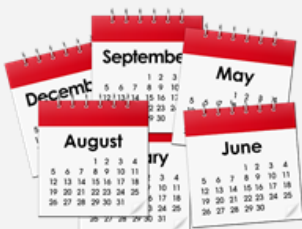
We will only use your answers for the survey that you are taking part in.



Your answers are **anonymous**.

Anonymous means that we do not ask you for your personal details, like your name or your age.

Please do not put any personal details about you or other people in your answers.



We will keep your answers for 2 years.



You do not have to answer all of the questions.

You can answer any of the questions that you want to answer.

You can leave any of the questions that you do not want to answer.



Everyone who answers this survey will have a chance to win a £25 shopping voucher.



The terms and conditions for getting this prize are not in easy read.

If you would like to read them, you might like to ask a supporter to read them with you.

You can download the terms and conditions by going to

eastsussex.gov.uk/ASCsurvey



If you would like to have the chance to win a £25 shopping voucher, please write your name and your email address or phone number here.



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If you have any questions about the survey, or would like support to fill the survey in, you can email

ASCPersonalisation@eastsussex.gov.uk

or phone

01273 481 565



Your survey can be posted back to us for free.

The address is

Adult Social Care strategy survey

FREEPOST

ESCC

PUBLIC HEALTH



The questions on this page are about the care and support you get.



Think about

- who provides you with support
- what they support you with
- what control you want over your support.



What is good about your care and support?



What would you like to change about your care and support?

Please tell us why you would like to change it.





The questions on this page are about feeling comfortable and safe in your home.



Think about

- if you have the right things in your home to support you to live how you would like to live.



What is good about your home?



What would you like to change about your home?

Please tell us why you would like to change it.





The questions on this page are about having good relationships with your family and your friends.

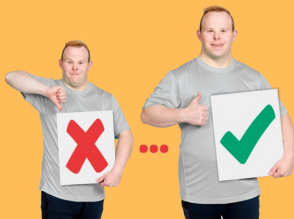


Think about

- the people who are in your life
- the people who are not in your life



What is good about your relationships?



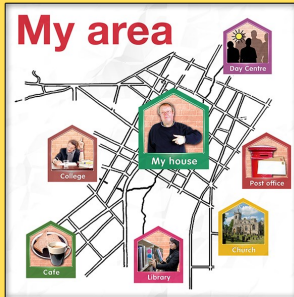
What would you like to change about your relationships?

Please tell us why you would like to change them.





The questions on this page are about how you feel living in your local community.



Think about

- the services you use in your local community, like shops, cinemas, groups
- how you feel about using these services.



What is good about your community?



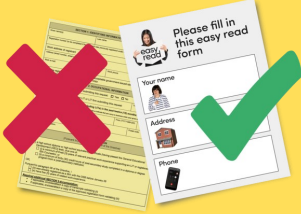
What would you like to change about your community?

Please tell us why you would like to change this.





The questions on this page are about the information that you get about care, support and your local community.

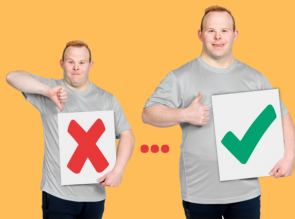


Think about

- the sort of information that you need or would like
- how you get information.



What is good about the information that you get?



What would you like to change about the information that you get?

Please tell us why you would like to change this.





The questions on this page are about money.



Think about

- money you get from work or from benefits
- if you have enough money for the things that you need.



What is good about your money right now?



What would you like to change about your money?

Please tell us why you would like to change this.





The questions on this page are about how you live your life.

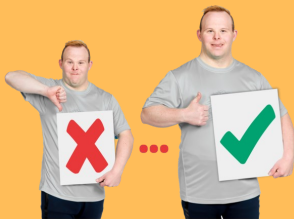


Think about

- if you feel happy and healthy
- the things that you do, like your hobbies, being creative and getting out and about.



What is good about how you live your life?



What would you like to change about how you live your life?

Please tell us why you would like to change this.





The questions on this page are about feeling safe and secure.



Think about

- if you feel safe or unsafe in your life
- what makes you feel safe or unsafe.



What makes you feel safe?



What would you like to change that might make you feel safer?

Please tell us why you would like to change this.





This page has space for you to tell us

- anything else you would like to tell us about living well in East Sussex
- if you would like to stay involved with our work on the Adult Social Care strategy.



What else would you like to tell us about living well in East Sussex?



Would you like us to keep you involved with our work on the Adult Social Care strategy?



If you would like us to keep you involved with our work on the Adult Social Care strategy, please write your phone number or email address in this box.



This document was made together with the **Involvement Matters Team (IMT)**

IMT is the ESCC reference group for adults with learning disabilities



IMT help to create, and check the quality of, easy read information on behalf of the East Sussex Learning Disability Partnership Board.



For more information about IMT, contact
LDPB@eastsussex.gov.uk